

# **GOVERNMENT COLLEGE OF NURSING, KANPUR**

## **REPORT ON FIRST AID TRAINING PROGRAMME**

### **BY INDIAN RED CROSS SOCIETY**

First aid is the first and immediate assistance given to any person with either a minor or serious illness or injury, with care provided to preserve life, prevent the condition from worsening, or to promote recovery until medical services arrive. The Indian Red Cross is a voluntary humanitarian organization providing relief in times of disasters/emergencies and promotes health & care of the vulnerable people and communities. With the growing need for Health Care, Indian Red cross society provides many training programmes. First aid is generally performed by someone with basic medical training. Thus, Nursing foundation department of Government college of nursing has organised First Aid Training Programme for students of I Semester B.Sc Nursing by Indian Red cross society as a part of partial fulfilment of their first aid mandatory module.

#### **Objective of the Programme**

1. To train students to develop first aid competencies to deal with specific emergencies to preserve life.
2. To identify common emergencies that require immediate attention.
3. To perform basic first aid techniques to deal with specific and common emergencies to save life
4. To perform basic first aid measures.

#### **General information about the Programme**

Date: 13.04.2023

Time: 10 am to 1pm

Venue: WAC Hall, College3 of nursing, Kanpur

Chief Guest: Dr. Richa Giri Vice Principal, GSVM medical college, Kanpur

Event Co-ordinators:

Conveyors: 1.Lt. Col. Dr. Karesh Prasad, Principal, College of nursing, Kanpur

2.Prof. Naveena JH, Vice Principal, College of nursing, Kanpur

Organizing team: Nursing Foundation Department, College of nursing, Kanpur

- 1.Mrs. Lithiya Jose, Associate Professor, College of nursing, Kanpur
- 2.Mr. Subash Sharma, Associate Professor, College of nursing, Kanpur
- 3.Mrs. Neha Chaurasia, NMT, College of nursing, Kanpur
4. Mr. Anil Prajapat, Nursing Tutor, College of nursing, Kanpur

Trainers: 1.Mr. Rajendra Kumar Saffar, Secretary, Indian Red cross society, Kanpur.

2. Mr. Lakkhan , Master trainer, , Indian Redcross society , Kanpur Branch.

Participants: Faculties of Nursing, College of nursing, Kanpur

I Semester B.Sc nursing students ( 46) , College of nursing, Kanpur

## **Details of the programme**

The first training programme was conducted on 13<sup>th</sup> April 2023 at WAC Hall, College of nursing, Kanpur. The programme started at 10 am with Sarawathi Vandana followed by lamp lighting by the dignitaries. Further the dignitaries were welcomed. The programme was formally inaugurated by Chief Guest Dr. Richa Giri ma'am, Vice Principal, GSVM Medical College, Kanpur. Prof. Naveena JH, Vice principal has introduced the team from Indian Red cross society, there after Lt. Col. Dr. Karesh Prasad, Principal has given a motivational speech to the students. Mr. Rajendra Kumar Saffar briefed the session and introduced Mr. Lakkan, Master Trainer to continue with the training.

The training programme covered the general introduction of the first aid, management of common emergencies like bleeding, drowning, choking, food poisoning, burns, animal bites etc and basic life saving measures. The trainer demonstrated different first aid techniques on the students like Assessment of ABC, General steps of CPR, immobilization techniques while transporting, different types of bandaging like Roller bandage, Triangular Bandage, gauze bandage and types of sling application.

The programme ended with the facilitation of trainers by Memento as a token of gratitude and the certificates were distributed to the students by our Principal ma'am and Secretary sir of Indian Red Cross Society followed by Vote of thanks By Ms. Vibha, student of 1<sup>st</sup> year B.Sc nursing.

The training programme was highly interactive. Taking up first aid training program provides the students with a great opportunity to acquire knowledge on basic first aid skills and the students were motivated how to act in different types of emergencies. CPR and first aid training are critical in the practice of nursing, it grows the level of lifesaving skills and abilities of the students to be of help to their loved ones and immediate society. Keeping "GOOD SAMARITAN LAW" saving lives also comes with a good feeling without expectation of payment or reward.

## GLIMPSE OF THE EVENT



**FIRST AID TRAINING PROGRAMME**

By



**Indian Red Cross Society**

Organized By

*Nursing Foundation Department  
Govt College of Nursing, Kanpur*

ON

13<sup>TH</sup> APRIL 2023

## INVITATION



## WELCOMING OF DIGNITARIES



# LAMPLIGHTING & INAUGURAL CEREMONY



# FIRST AID TRAINING SESSION



## FACILITATION OF TRAINERS & DISTRIBUTION OF CERTIFICATES

