

We the Govt. College of Nursing, Kanpur organised an Online Webinar regarding “Palliative care, sensitization programme for nursing fraternity” on 8th of February 2023 from 11:00 am- 1:30 pm. objective of the webinar was to enhance the understanding regarding palliative care and to discuss about the different aspects of palliative care.

Venue: online mode through Zoom Platform provided by ECHO India

Beneficiaries: more than 450 participants which included-

- Students
- Nursing officer
- Teaching faculty, and others.

About 220 participants joined through Zoom platform while 200 students attended the webinar live in WAC Hall in CON, Kanpur.

BRIEF REPORT-

The webinar started at 11:00 am with the welcome of the esteemed guests, speakers and other delegate by the master of the ceremony Mrs. Itisha Rose Prasad.

Welcome Address- Further the organising chairperson of the webinar Lt. Col Dr. Karesh Prasad addressed the gathering with her valuable words. After the welcome address, organizing secretary Prof. Naveena J.H introduced Dr. Bimla Kapoor for the inaugural ceremony.

Inauguration – The webinar was inaugurated by Dr. (Mrs.) Bimla Kapoor. In her inaugural speech Dr. Kapoor clearly stated the importance of palliative care, touch and the wonders of listening to the ailing patients. Organizing Chairperson, Lt. Col. Dr. Karesh Prasad welcomed our first speaker of the day Dr. S.N. Prasad

Session 1: Role of Chemo and Radiation Therapy in Palliative Care by Dr. S.N. Prasad- the first session of the webinar was about the chemo and radiation therapy in palliative care. During this session Dr. Prasad explained about the different aspects of chemotherapy and the effect of radiation therapy for the patients during the palliative care. The session was greatly appreciated and acknowledged by all the participants. Moderator of the webinar and MOC took over and handled the question and answer section. Mrs. Lithiya Jose, associate professor College of Nursing introduced and welcomed the Mr. Hamza for the next session.

Session 2: Introduction to DNip Care and Palliative Care by Mr. K. V Hamza- during this session Mr. K.V.Hamza shined light on DNip care, about its origin, its working and function. He ended up effectively by saying that inspite of having a non-medico background how common man can bring change in the lives of people.

Session 3: Introduction and Need of Palliative Care by Dr. Rakesh Garg- the next third topic was about the introduction and need of the palliative care as taken up by Dr. Rakesh Garg. Dr. Garg explained about the different aspects of palliative care. Again after the session the moderator and MOC carried out the Question and Answer round where participants actively participated and clarified their respective doubts regarding the topic. Ms. Anjali, Nursing Tutor College of Nursing introduced and welcomed the next speakers of the webinar Prof. (Dr.) A.T Kora for her session.

Session 4: Nurses Role in Palliative Care by Prof. (Dr.) A.T Kora- Nurses role in palliative care was the main topic of concern and discussion in the entire webinar. Prof Kora explained how the nurses can be a great support in providing the emotional, spiritual and physical care to the patients. She described that during the end days it not the medicines that heal but the care and touch that provides comfort.

Session 5: Communication by Mrs. Alice Stella Verginia- Communication being the core of the effective nurse patient relationship was the base of the talk of Mrs. Verginia Madam who discussed regarding the methods of communication which can be a mode for effective care and comfort. She even discussed that during the end time its not about the heavy medicines, or the fancy treatments but it is all about the near and dear ones and the empathetic eager ear who can listen to the anxieties, worries and emotions during the end times. The session was followed by the question and answer session where madam Stella clarified the doubts of the participants. After the knowledge evoking sessions of the webinar the organising secretary Prof Naveena JH concluded the entire webinar with the **vote of thanks speech.**

Conclusion: This one day webinar was highly enlightening which opened the horizons of knowledge of the nursing students, teachers, nurses and all the other delegates who participated in this program.

Event coordinators:

- Organizing Chairperson- Lt. Col Dr. Karesh Prasad, Principal CON, Kanpur
- Organizing Secretary- Prof. Naveena JH Vice Principal CON, Kanpur
- Moderator- Prof. K.V. Hamza, General Secretary, DNip Care
- Organizing Team Members-
 - Mrs. Lithiya Jose, Assoc. Prof. CON, Kanpur
 - Mrs. Itisha Rose Prasad, Nursing Tutor CON, Kanpur
 - Ms. Anjali, Nursing Tutor CON, Kanpur